and a pharmaceutically acceptable carrier or diluent.

- 13. The composition of claim 12 further comprising a colloidal dispersion system.
- 14. The composition of claim 12 wherein the compound is an antisense oligonucleotide.
- 15. A method of inhibiting the expression of interleukin 8 in cells or tissues comprising contacting said cells or tissues with the compound of claim 1 so that expression of interleukin 8 is inhibited.
- 16. A method of treating an animal having a disease or condition associated with interleukin 8 comprising administering to said animal a therapeutically or prophylactically effective amount of the compound of claim 1 so that expression of interleukin 8 is inhibited.
- 17. The method of claim 16 wherein the disease or condition is a hyperproliferative disease.
- 18. The method of claim 17 wherein the hyperproliferative disease is cancer.
- 19. The method of claim 18 wherein the cancer is melanoma, leukemia or lymphoma.
- 20. The method of claim 16 wherein the disease or condition is an autoimmune disorder.